



Prenatal Aquatics Participation Waiver

MD Clearance to Participate

Western Wisconsin Health's therapeutic pool is heated to 89°, which may trigger heat-stress syndromes in some pregnant women. As safety is our primary concern, we require that all our participants consult their OB practitioner prior to beginning class. If this health clearance is not provided, you will not be allowed to participate until your MD has determined you are not at risk for an adverse reaction.

Physician Permission

_____ is a known patient of mine and:

Should NOT join prenatal aquatics at this time due to _____.

Has no restrictions regarding the ability to join prenatal aquatics at Western Wisconsin Health.

Can join prenatal aquatics with the following restrictions:

Physician signature

Date