

## WINTER BREAKFAST SPECIALS

Available for a limited time  
Additional fillings 25¢ each

### Omelets

**Greek**  **\$2.25**

Two egg omelet with tomato, onion, spinach and feta cheese.

**Calories** 210 **Fat** 14gr **Sodium** 410g **Carbohydrates** 5g

**Sugar** 4g **Protein** 15g

**Allergens:** egg, milk

**Philly Cheesesteak** **\$2.75**

Fajita steak, red and green peppers, onion and provolone cheese.

**Calories** 290 **Fat** 20gr **Sodium** 450g

**Carbohydrates** 5g **Sugar** 3g **Protein** 23g

**Allergens:** milk, egg

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**Cinnamon French Toast** **\$3.25**

Two slices of French toast made using Spring Valley Bakery's fresh cinnamon bread.

**Calories** 310 **Fat** 13gr **Sodium** 370g **Carbohydrates**

31g **Sugar** 10g **Protein** 17g

**Allergens:** egg, wheat, milk

## BYO Hashbrown Skillet \$2.75

Hashbrowns, cheddar cheese and up to three fillings. *Additional fillings 25¢ each*

**Calories** 220 **Fat** 12gr **Sodium** 410g **Carbohydrates** 19g **Sugar** 3g **Protein** 8g

**Allergens:** wheat, milk. \*Allergens vary depending on fillings.

|                |                    |                       |
|----------------|--------------------|-----------------------|
| <b>Bacon</b>   | <b>Bell Pepper</b> | <b>Spinach</b>        |
| <b>Onion</b>   | <b>Mushroom</b>    | <b>Ham</b>            |
| <b>Sausage</b> | <b>Tomato</b>      | <b>Eggs - Add 50¢</b> |

## Mediterranean Wrap \$2.50

Spinach, tomatoes, egg whites and feta cheese in a heart healthy wrap toasted in the Panini press.

**Calories** 210 **Fat** 9gr **Sodium** 530g **Carbohydrates** 19g  
**Sugar** 3g **Protein** 14g

**Allergens:** egg, wheat, milk

## Country Sausage Flatbread \$3.25

Whole grain flatbread topped with low sodium country gravy, pork sausage, scrambled egg and Wisconsin shredded cheddar.

**Calories** 530 **Fat** 28gr **Sodium** 940g **Carbohydrates** 34g  
**Sugar** 3g **Protein** 24g

**Allergens:** wheat, milk, egg. May contain soy and sesame.