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| Summer Eatery Menu Specials & Soups  **Weekly Specials 1 (Dates: June 6-10, July 4-8, August 1-5, August 29- September 2)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Grilled Mushroom Swiss Chicken  (330 calories) | Ham & Turkey Club Wrap (Calories 60) | Oriental Chicken Salad with Sesame Dressing  (320 calories)  **plus, choice of:**  Egg Roll  (160 calories)  or  cup of soup | Country Style BBQ Pork Ribs  (Calories 120) | Bone -in- Chicken  (340 calories) |
| **Vegetable** | Roasted Asparagus  (35 calories) | Tropical fruit  (Calories 100) | Watermelon Cucumber Salad  (110 Calories) | Green Beans with Mustard Sauce  (60 calories) |
| **Potato / Rice**  **or SUB** | Baked Potato Bar  (250 calories) | Chips  (100 Calories) | Loaded Potato Skin  (270 Calories) | Steak Fries  (115 calories) |
| **Soup #1** | Creamy Tortellini  (150 calories) | Cheesy Broccoli  (140 calories) | Egg Roll Soup  (290 calories) | Chicken Wild Rice  (115 calories) | Roasted Red Pepper soup  (300 calories) |
| **Soup #2** | Chicken & Rice Soup  (110 calories) | Chicken Noodle  (115 calories) | Chef’s Choice Soup | Tomato Florentine  (60 calories) | Tortilla Chicken  (120 calories) |
| **Weekly Specials 2 (Dates: June 13-17 July 11-15, August 8-12)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Sweet Chili Meatballs  (390 calories) | Sun-Dried Tomato Topped Chicken  (290 calories) | Beef Barbacoa Bowl  (500 calories)  **plus, choice of:**  Chips  OR  cup of soup | Roasted Garlic  Lemon Cod  (220 calories) | Green Chili Chicken  (300 calories) |
| **Vegetable** | Carrots  (45calories) | Broccoli & Cauliflower  (70 calories) | Roasted Zucchini  (35 calories) | Green Beans  (50 calories) |
| **Potato / Rice**  **or SUB** | Garlic Mashed Potatoes  (110 calories) | Baby Bakers  (90 calories) | Lemon Pesto Parmesan Rice  (310) | Corn Muffin  (140 calories) |
| **Soup #1** | Butter Nut Squash Soup  (230 calories) | Chef’s Choice Soup | Chicken & Rice  (110 calories) | Chicken Noodle  (115 calories) | Chef’s Choice Soup |
| **Soup #2** | Italian Sausage w/Orzo  (140 calories) | Baked Potato W/Bacon and  Chives  (260calories) | Creamy Tortellini  (150 calories) | Cheesy Broccoli  (140 calories) | Egg Roll Soup  (290 calories) |
| \*Tacos are still available every Tuesday! | | | | | |
| Summer Eatery Menu Specials & Soups  **Weekly Specials 3 (Dates: June 20-24, July 18-22, August 15-19)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Grilled Chicken Breast  (240 calories) | Parmesan Grilled Cheese  (400 calories)  **plus, choice of:**  Chips (100-220 calories)  or  Cup of soup | Citrus Tilapia  (150 calories) | BBQ Pork Sandwich  (400 calories) | Cilantro Lime Chicken  (180 calories) |
| **Vegetable** | Roasted Brussel Sprouts  (70 calories) | Oven Roasted Vegetables  (50 calories) | Corn on the Cob  (100 calories) | Glazed Carrots  (100 calories) |
| **Potato / Rice**  **or SUB** | Garlic Mashed Potatoes  (110 calories) | Baby Bakers  (90 calories) | Watermelon  (35 calories) | Mexican Infused Rice  (40 calories) |
| **Soup #1** | Tomato Florentine  (60 calories) | Tortilla Chicken  (120 calories) | Butternut Squash soup  (230 calories) | Chicken & Rice  (110 calories) | Chicken Noodle  (115 calories) |
| **Soup #2** | Chicken Wild Rice  (115 calories) | Roasted Red Pepper Soup  (300 calories) | Italian Sausage w/Orzo soup  (140 calories) | Creamy Tortellini  (150 calories) | Cheesy Broccoli  (140 calories) |
| **Weekly Specials 4 (Dates: June 27-July 1, July 25-29, August 22-26)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Aloha Teriyaki Chicken  (180 calories) | Lemon pepper Tilapia  (390) | Panko Chicken  (240 calories) | Sloppy Joes  (500 calories) | Caprese Pasta Salad  (230 Calories)  Served with Fresh Fruit  (10 Calories)  &  Cup of Soup |
| **Vegetable** | Broccoli  (35 calories) | Green Beans  (25) | Roasted Carrots  (80 calories) | Cranberry Almond Apple Slaw  (70 calories) |
| **Potato / Rice**  **or SUB** | Sweet Potato Fries  (200 calories) | Basmati Rice  (120 Calories) | Potatoes O Brien  (170 calories) | Steak Fries  (115 calories) |
| **Soup #1** | Chef’s Choice Soup | Tomato Florentine  (60 calories) | Tortilla Chicken  (120 calories) | Butternut Squash soup  (230 calories) | Baked Potato w/ Bacon  And chives  (260calories) |
| **Soup #2** | Egg Roll Soup  (290 calories) | Chicken Wild Rice  (115 calories) | Roasted Red Pepper soup  (300 calories) | Italian Sausage w/Orzo soup  (140 calories) | Chef’s Choice Soup |

\*Tacos are still available every Tuesday!