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| Summer Eatery Menu Specials & Soups  **Weekly Specials 1 (Dates: June 5-9, July 3-7, July 31-August 4, August 28- September 1)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Beef Enchilada’s  (350 Calories) | Hot Ham & Swiss Sandwich (350 Calories) | Oriental Chicken Salad with Sesame Dressing  (230 calories)  **plus, choice of:**  Egg Roll  (140 calories)  or  cup of soup | Country Style BBQ Pork Ribs  (Calories 275) | Bone -in- Chicken  (340 calories) |
| **Vegetable** | Refried Beans  (120 calories) | Tropical fruit  (Calories 100) | Watermelon Cucumber Salad  (110 Calories) | Green Beans with Mustard Sauce  (60 calories) |
| **Potato / Rice**  **or SUB** | Mexican Rice  (190 calories) | Chips  (100 Calories) | Loaded Potato Skin  (270 Calories) | Steak Fries  (110 calories) |
| **Soup #1** | \*Creamy Tortellini\*  (320 calories) | Cheesy Broccoli  (280 calories) | \*Egg Roll Soup\*  (290 calories) | Chicken Wild Rice  (230 calories) | Roasted Red Pepper soup  (300 calories) |
| **Soup #2** | \*Chicken & Rice Soup\*  (110 calories) | \*Chicken Noodle\*  (110 calories) | Chef’s Choice Soup | \*Tomato Florentine\*  (60 calories) | Tortilla Chicken  (240 calories) |
| **Weekly Specials 2 (Dates: June 12-16 July 10-14, August 7-11)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Sweet Chili Meatballs  (390 calories) | Sun-Dried Tomato Topped Chicken  (290 calories) | Beef Barbacoa Bowl  (500 calories)  **Includes Rice and Toppings** | Roasted Garlic  Lemon Cod  (220 calories) | Green Chili Chicken  (300 calories) |
| **Vegetable** | Carrots  (45 calories) | Broccoli & Cauliflower  (70 calories) | Roasted Zucchini  (35 calories) | Green Beans  (50 calories) |
| **Potato / Rice**  **or SUB** | Garlic Mashed Potatoes  (110 calories) | Baby Bakers  (120 calories) | Lemon Pesto Parmesan Rice  (310) | Corn Muffin  (140 calories) |
| **Soup #1** | Butter Nut Squash Soup  (230 calories) | Chef’s Choice Soup | \*Chicken & Rice\*  (110 calories) | \*Chicken Noodle\*  (110 calories) | Chef’s Choice Soup |
| **Soup #2** | Creamy Asparagus Soup  (140 calories) | Baked Potato W/Bacon and  Chives  (260calories) | \*Creamy Tortellini\*  (320 calories) | Cheesy Broccoli  (280 calories) | \*Egg Roll Soup\*  (290 calories) |
| (\*Soups with Asterisk are Homemade\*) \*Tacos are still available every Tuesday! | | | | | |
| Summer Eatery Menu Specials & Soups  **Weekly Specials 3 (Dates: June 19-23, July 17-21 August 14-18)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | BYO Summer Salad  (60 calories)  Served with a Breadstick  (150 calories)  &  Cup of Soup | Parmesan Grilled Cheese  (400 calories)  **plus, choice of:**  Chips (100-220 calories)  or  Cup of soup | Citrus Tilapia  (150 calories) | BBQ Pork Sandwich  (680 calories) | Cilantro Lime Chicken  (180 calories) |
| **Vegetable** | Roasted Asparagus  (25 calories) | Corn on the Cob  (100 calories) | Glazed Carrots  (100 calories) |
| **Potato / Rice**  **or SUB** | Baby Bakers  (120 calories) | Watermelon  (35 calories) | Rice Pilaf  (120 calories) |
| **Soup #1** | \*Tomato Florentine\*  (60 calories) | Tortilla Chicken  (240 calories) | Butternut Squash soup  (230 calories) | \*Chicken & Rice\*  (110 calories) | \*Chicken Noodle\*  (110 calories) |
| **Soup #2** | Chicken Wild Rice  (230 calories) | Roasted Red Pepper Soup  (300 calories) | Creamy Asparagus Soup  (140 Calories) | \*Creamy Tortellini\*  (320 calories) | Cheesy Broccoli  (280 calories) |
| **Weekly Specials 4 (Dates: June 26-June 30, July 24-28, August 21-25)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | French Dip w/Au Jus  & Swiss Cheese  (400 calories)  Choice of Soup or Chips  (100-220 Calories) | Lemon pepper Tilapia  (200 calories) | Panko Chicken  (240 calories) | Sloppy Joes  (370 calories) | Apple Cranberry Walnut Salad  (310 calories)  Served with a Breadstick  (150 calories)  &  Cup of Soup |
| **Vegetable** | Green Beans  (25 calories) | Roasted Carrots  (80 calories) | Cranberry Almond Apple Slaw  (70 calories) |
| **Potato / Rice**  **or SUB** | Basmati Rice  (120 Calories) | Potatoes O Brien  (170 calories) | Steak Fries  (110 calories) |
| **Soup #1** | Chef’s Choice Soup | \*Tomato Florentine\*  (60 calories) | Tortilla Chicken  (240 calories) | Butternut Squash soup  (230 calories) | Baked Potato w/ Bacon  And chives  (260calories) |
| **Soup #2** | \*Egg Roll Soup\*  (290 calories) | Chicken Wild Rice  (230 calories) | Roasted Red Pepper soup  (300 calories) | Creamy Asparagus Soup  (140 calories) | Chef’s Choice Soup |

(\*Soups with Asterisk are Homemade\*) \*Tacos are still available every Tuesday!