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| Fall Eatery Menu Specials & Soups**Weekly Specials 1 (Dates: September 4-8, October 2-6 October 30-Nov 3, Nov 27-Dec 1)** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Daily entrée** | Creamy Pork Loin(310 calories) | Tator Tot Hotdish(300 calories) | Grilled Chicken Stir FryServed over Rice(180 Calories)Egg Roll(160 Calories) | Breaded Lemon Pepper Tilapia(200 calories) | Roasted Turkey(200 calories) |
| **Daily vegetable** | Peas and Carrots(50 calories) | Corn(110 calories) | Steamed Broccoli(35 calories) | Roasted Brussel Sprouts(60 calories) |
| **Daily starch** | Garlic Mashed Potatoes(110 Calories) | Dinner Roll(100 calories) | Roasted Sweet Potatoes(120 calories) | Mashed Potatoes w/ Turkey Gravy(110/15 calories) |
| **Soup #1** | Hamburger Soup \*(260 calories) | Butternut Squash Bisque(230 calories) | Beer Cheese Soup(120 calories) | Corn Chowder(120 calories) | Zuppa Toscano Soup\*(360 calories) |
| **Soup #2** | Chicken Noodle Soup\*(230 calories) | White Bean Chicken Chili\*(120 calories) | Roasted Red Pepper Bisque(300 calories) | Beef & Cabbage Soup\*(240 calories) | Chicken Wild Rice Soup(230 calories) |
| **Weekly Specials 2 (Dates: September 11-15, October 9-13, November 6-10)** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Daily entrée** | Swedish Meatballs(390 calories) | Citrus Peppercorn Tilapia(150 calories) | Chicken Bacon Ranch Wrap(360 calories)**plus, choice of:**Chips OR(100-220 calories)Cup of Soup | Stuffed Cabbage Rolls(170 calories) | Barbacoa Street Taco’s(160 calories) |
| **Daily vegetable** | Asian Vegetable Blend(25 calories) | Garden Salad(25 calories) | Steamed Broccoli(35 calories) | Refried Beans(120 calories) |
| **Daily starch** | Basmati Rice(120 calories) | Cinnamon Roasted Butternut Squash(110 calories) | Garlic Mashed Potato(110 calories) | Mexican Infused Rice(40 calories) |
| **Soup #1** | Potato Leek Pottage Soup(120 calories) | Broccoli Cheese Soup(260 calories) | Chicken Noodle Soup\*(230 calories) | White Bean Chicken Chili\*(120 calories) | Roasted Red Pepper Bisque(300 calories) |
| **Soup #2** | Chef’s Choice Soup | Bean & Bacon Soup \*(180 calories) | Hamburger Soup \*(260 calories) | Butternut Squash Bisque(230 calories) | Beer Cheese Soup(120 calories) |
| \*Tacos available every Tuesday! \* Asterisks show Homemade soups 😊 |
| Fall Eatery Menu Specials & Soups**Weekly Specials 3 (Dates: September 18-22, October 16-20 November 13-17** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Daily entrée** | Beef Pot Roast(190 calories) | French Dip Sandwich with Au Jus(270 calories)**plus, choice of:**Chips(100-220 calories)orCup of Soup | Orange Grilled Chicken(190 calories) | Potato Crusted Cod(210 calories) | Chicken Caritas BowlBraised Chicken, Black Beans & Mexican Rice topped with Pico & Cotija Cheese(380 calories) |
| **Daily vegetable** | Steamed Carrots(45 calories) | Green Beans with Almonds(80 calories) | Cauliflower(25 calories) |
| **Daily starch** | Mashed Potatoes(110 calories) | Asian Quinoa and Cucumber Salad(200 calories) | Butternut Squash(110 calories) |
| **Soup #1** | Beef & Cabbage Soup\*(240 calories) | Potato Leek Pottage Soup(120 calories) | Broccoli Cheese Soup(260 calories) | Chicken Wild Rice Soup(230 calories) | White Bean Chicken Chili\*(120 calories) |
| **Soup #2** | Corn Chowder(120 calories) | Chicken Enchilada Soup(210 calories) | Bean & Bacon Soup\*(180 calories) | Hamburger Soup \*(260 calories) | Butternut Squash Bisque(230 calories) |
| **Weekly Specials 4 (Dates: Sept. 25- 29, Oct. 23-27, Nov. 20-24)** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Daily entrée** | Monterrey Chicken(280 calories) | Beef and Rice Stuffed Pepper’s(300 calories) | Chicken Kiev(310 calories) | Chicken Philly Wrap(80 calories)**plus, choice of**:Chips OR(100-220 calories)Cup of Soup | Beef Stroganoff(220 calories) |
| **Daily vegetable** | Garlic Roasted Carrots(80 calories) | Garden Salad(25 calories) | Balsamic Roasted Green Beans(90 calories) | Roasted Asparagus(35 calories) |
| **Daily starch** | Baby Bakers(120 calories) | Breadstick(150 calories) | Butternut Squash(110 calories) | Egg Noodles(160 calories) |
| **Soup #1** | Roasted Red Pepper Bisque(300 calories) | Zuppa Toscano Soup(360 calories) | Potato Leek Pottage Soup(120 calories) | Bean & Bacon Soup\*(180 calories) | Chef’s Choice Soup |
| **Soup #2** | Beer Cheese Soup(120 calories) | Chicken Wild Rice Soup(230 calories) | Chicken Enchilada Soup(210 calories) | Broccoli Cheese Soup(260 calories) | Beef & Cabbage Soup\*(240 calories) |

\*Tacos available every Tuesday!

Asterisks \* Show Homemade Soups 😊