

Complete Your Mission

Participants will work together to achieve one goal: WALKING THROUGH THE UNIVERSE

NEW IN 2025!

GALAXY CHALLENGE Ages: 13+

Eligible to Win: \$3,000 Travel Voucher ROCKET CHALLENGE Ages: 5-12

Eligible to Win: Mall of America Package

January 13 - March 9 2025 Galaxy Challenge

- This 8-week step challenge is \$8 to all registered participants ages 13+!
- Pre-registration is required (see below for details).
- Track and submit your weekly steps on our NEW app throughout this 8-week challenge.
- Compatible devices include Fitbit, Garmin, Apple Watch, and more!
- You can also use your phone as a step tracker by linking Apple Health (IPhone) or Google Fit (Android) to the app.
- Drawing of All Completed Participants (ages 13+): One grand prize winner will receive a \$3,000 travel voucher!*
- Grand prize trip will be received as a travel voucher and can be used to any destination of your choice. Winner must be present at finale to redeem prize. *Other sponsored prizes will be drawn for at the finale.
- Submit your steps on our NEW app to be entered for WEEKLY
 PRIZE DRAWINGS!

Rocket Challenge

- This 8-week challenge is \$8 to all registered participants ages 5-12! Pre-registration is required (see below for details).
- Complete this easy, fun challenge to have a chance to WIN a Mall of America Package.
- Drawing of All Completed Participants (ages 5-12): One prize winner will receive the Mall of America Package.

Finale Event

March 11, 2025 | 6:30 pm | Baldwin-Woodville High School Must be present to win!

Learn more and register online at wwhealth.org or by contacting the Community Wellness Office at Community.Wellness@wwhealth.org.

#WWHOutOfThisWorldWithHealthyHank

Join us for an Outdoor Kick-Off Event

January 11, 2025 | 10:00 am - 12:00 pm Western Wisconsin Health

- Pick up your Healthy Hank t-shirt while supplies last!
- Enjoy Outdoor Activities with hot cocoa and s'mores.

Register Today!

- Online at wwhealth.org
- Email Community.Wellness@wwhealth.org
- In person at the kick-off event

As a participant, you will receive weekly emails throughout the challenge for encouragement and motivation. These emails will be filled with health & fitness tips, expertise, as well as updates on everything wellness!



WESTERN WISCONSIN HEALTH 1100 Bergslien Street • Baldwin, WI 715-684-1111 wwhealth.org

Sponsorship Opportunities

Platinum Co-Presenter - \$1,000 or more

In partnership with Western Wisconsin Health, your company would co-present on all materials, events and communications, included but not limited to the recognition below. Wording: Western Wisconsin Health and "Your Company" proudly present Out of This World with Healthy Hank

Gold Sponsor - \$500

Your sponsorship includes: Recognition on Western Wisconsin Health's website, social media, kick-off and finale and Healthy Hank t-shirt. Option to have a promotional item in the kick-off bag.

Silver Sponsor - \$250

Your sponsorship includes: Recognition on Western Wisconsin Health's social media, kick-off, and Healthy Hank t-shirt.

Bronze Sponsor - \$150

Your sponsorship includes: Recognition on Western Wisconsin Health's Healthy Hank t-shirt.

Prize for Finale Event

We are accepting additional door prizes for our finale event.

Sponsorship Registration

Sponsorship registration available online at wwhealth.org OR drop off/mail completed registration form along with sponsorship by <u>Friday, December 13, 2024</u> to:

Western Wisconsin Health Foundation 1100 Bergslien Street | Baldwin, WI 54002

Company:	Contact Person:	
Phone Number:	Email Address:	
Address:		
Sponsorship Level:		
Amount Enclosed: \$		
Please email logo's in a PNG format to mitchell.klopp@wwhealth.org		
	WESTERN WISCONSIN HI 1100 Bergslien Street • Baldw	

715-684-1111 wwhealth.org

Corporate Challenge

Are you looking for a fun walking challenge at work? Want to compete with other companies in our community? The *Out of This World with Healthy Hank* 8-week community challenge could be the start to a new year of healthy living and encouraging you and your co-workers to stay active!

To register your company for the WWH Corporate Challenge, please complete and email or send the information below. Please note that in addition to the company registration, each staff member still needs to register. There is a \$8 registration fee.

Register Your Company Now!

Steps are submitted by each individual person at our website each week. Be sure staff know to pick their team name in the drop-down menu when prompted. The average # of staff steps taken by your company and other businesses each week will be recorded.

The company with the most cumulative steps average over 8 weeks will receive the coveted WWH Corporate Challenge Plaque and a Pizza Party courtesy of the WWH Eatery!

Each company is responsible for creating their own internal challenge but as steps are submitted each week, WWH will keep track of average steps per company and will send a weekly email with standings.

My Company will be participating in the **WWH Corporate Challenge** (multiple companies).

Company:	Contact Person:	
Phone Number:	Email Address:	
Team Name:		
Anticipated number of s	staff participants (minimum of 5 required):	

If registering online for the WWH Corporate Challenge, please enter your company name when prompted. Please be sure your staff record their steps each week at wwhealth.org.

Please email or drop off/mail completed corporate challenge registration form to:

Kerri Stiller Western Wisconsin Health 1100 Bergslien Street | Baldwin, WI 54002 community.wellness@wwhealth.org



WESTERN WISCONSIN HEALTH 1100 Bergslien Street • Baldwin, WI 715-684-1111 wwhealth.org