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| Winter Eatery Menu Specials & Soups  **Weekly Specials 1 (Dates: Dec 2-6, Dec 30-Jan 3, Jan 27-31, Feb 24-28)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Parmesan Chicken  (420 Calories) | Southwest Rice Bowl w/Steak  Scallions, Tomato, Cotija | Smothered Chicken  (260 Calories)  Roasted Broccoli  (90 Calories)  Bourbon Baked Beans  (140 Calories) | Stuffed Shells w/Bolognese Sauce  (310 Calories) | Gyros w/Tzatziki Sauce  (390 Calories) |
| **Vegetable** | Garlic Roasted Carrots  (60 Calories) | Cheese, Pico, Mexican Rice | Garden Salad  (25 Calories) | Apple Slices  (30 Calories) |
| **Potato / Rice**  **or SUB** | Ranch Potatoes  (90 Calories) | (310 Calories) | Garlic Bread Stick  (150 Calories) | Caramel Dip  (250 Calories) |
| **Soup #1** | Roasted Red Pepper  (150 Calories) | Broccoli Cheese  (140 Calories) | Chicken Wild Rice  (120 Calories) | \*Zuppa Toscano\*  (380 Calories) | \*MN Lakes Soup)  (160 Calories) |
| **Soup #2** | \*Creamy Tortellini\*  (160 Calories) | \*Chicken Noodle\*  (220 Calories) | \*Tuscan Bean\*  (170 Calories) | Corn Sausage  (240 Calories) | \*Chicken Enchilada\*  (120 Calories) |
| **Weekly Specials 2 (Dates: Dec Dec 9-13, Jan 6-10, Feb 3-7)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Beef & Bean Enchiladas  (350 Calories) | Italian Chicken  (270 Calories) | Parmesan Grilled Cheese  (400 Calories)  Chips and Soup | Sweet Chili Meatballs  (390 Calories) | Potato Crusted Cod  (210 Calories) |
| **Vegetable** |  | Roasted Broccoli  (90 Calories) | Green Beans  (45 Calories) | Garlic Roasted Carrots  (60 Calories) |
| **Potato / Rice**  **or SUB** | Mexican Infused Rice  (80 Calories) | Garlic Parmesan Fries  (90 Calories) | Garlic Mashed Potatoes  (110 Calories) | Baby Bakers  (120 Calories) |
| **Soup #1** | Broccoli Cheese  (140 Calories) | \*Creamy Tortellini\*  (160 Calories) | \*MN Lakes Soup\*  (160 Calories) | Chicken Wild Rice  (120 Calories) | Chefs Choice |
| **Soup #2** | \*Zuppa Toscano\*  (380 Calories) | \*Chicken Noodle\*  (220 Calories) | \*Andouille White Bean\*  (110 Calories) | \*Tuscan Bean\*  (170 Calories) | \*Chicken Enchilada\*  (120 Calories) |
| (\*Soups with Asterisk are Homemade\*) \*Tacos are still available every Tuesday! | | | | | |
| Winter Eatery Menu Specials & Soups  **Weekly Specials 3 (Dates: Dec 16-20, Jan 13-17, Feb 10-14)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Creamed Chicken  (230 Calories)  Green beans  (45 Calories)  Biscuit  (200 Calories) | Chili Bread Bowl  (210 Calories)  Garden Salad  (25 Calories) | Baked Ham  (160 Calories) | Philly Chicken Cheesesteak Casserole  (270 Calories) | Creamy Pork Loin  (310 Calories) |
| **Vegetable** | Maple Roasted Root Vegies  (150 Calories) | Garden Salad  (25 Calories) | Steamed Cauliflower & Broccoli  (35 Calories) |
| **Potato / Rice**  **or SUB** | Scalloped Potatoes  (60 Calories) |  | Garlic Mashed Potatoes  (110 Calories) |
| **Soup #1** | Broccoli Cheese  (140 Calories) | \*MN Lakes Soup  (160 Calories) | \*Chicken & Dumpling\*  (190 Calories) | Roasted Red Pepper  (150 Calories) | Beer Cheese  (120 Calories) |
| **Soup #2** | Corn Sausage  (240 Calories) | \*White Bean Chicken Chili\*  (150 Calories) | \*Zuppa Toscano\*  (380 Calories) | \*Tuscan Bean\*  (170 Calories) | \*Chicken Noodle\*  (220 Calories) |
| **Weekly Specials 4 (Dates: Dec 23-27, Jan 20-24, Feb 17-21)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Grilled BBQ Chicken Thighs  (130 Calories)  Steamed Corn  (130 Calories)  Cheddar Bacon Risotto  (250 Calories) | Beef & Pepper Stir fry  (240 Calories) | Teriyaki Chicken  (150 Calories) | Garlic Lemon Cod  (160 Calories) | Drizzle Wings  w/Buffalo Sauce & Ranch  (320 Calories)  Celery & Carrots  (25 Calories)  Steak Fries  (110 Calories) |
| **Vegetable** | Sesame Green Beans  (100 Calories) | Steamed Broccoli  (35 Calories) | Mixed Fresh Fruit w/Dip  (65 Calories) |
| **Potato / Rice**  **or SUB** | Basmati Rice  (120 Calories) | Fried Rice  (180 Calories) | Chips  (100 Calories) |
| **Soup #1** | Chicken wild rice  (120 Calories) | Broccoli Cheese  (140 Calories) | \*Chicken & Dumpling\*  (190 Calories) | Roasted Red Pepper  (150 Calories) | \*White Bean Chicken Chili\*  (150 Calories) |
| **Soup #2** | \*Tuscan Bean\*  (170 Calories) | \*Zuppa Toscano\*  (380 Calories) | Beer Cheese  (120 Calories) | \*Chicken Enchilada\*  (120 Calories) | \*Andouille White Bean\*  (110 Calories) |