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| Spring Eatery Menu Specials & Soups  **Weekly Specials 1 (Dates: Mar 3-7, Mar 31-Apr 4, Apr 28-May 2, May 26-30)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Chicken Cordon Bleu  (310 Calories) | Baked Ziti  (250 Calories) | Chicken or Shrimp Caesar Salad  (440 Calories)  Fresh Fruit w/dip  (45 Calories)  Garlic Bread Stick  (150 Calories) | Nutty Turkey Cranberry Croissant  (410 Calories) | Parmesan Grilled Cheese  (400 Calories) |
| **Vegetable** | Garlic Roasted Carrots  (60 Calories) | Garden Salad  (45 Calories) | Creamy Coleslaw  (140 Calories) | Chips  ( Calories) |
| **Potato / Rice**  **or SUB** | Parmesan Rice  (220 Calories) | French Bread Roll  (140 Calories | Wavy Fries  (140 Calories) | Cup of soup  (Calories) |
| **Soup #1** | Chicken Enchilada  (210 Calories) | French Onion  (80 Calories) | Broccoli Cheese  (140 Calories) | Butternut Squash  (230 Calories) | Roasted Red Pepper  (150 Calories) |
| **Soup #2** | Chicken Wild Rice  (120 Calories) | \*Creamy Tortellini\*  (160 Calories) | \*Beef, Cabbage & Tomato\*  (60 Calories) | \*Bean & Ham\*  (410 Calories) | \*Beef Vegetable\*  (110 Calories) |
| **Weekly Specials 2 (Dates: Mar 10-14, Apr 7-11, May 5-9)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Chicken Divan  (470 Calories) | Creamy Pork Loin Roast  (180 Calories) | Chicken Fajita’s  (200 Calories)  Southwest Black Bean & Corn  (60 Calories)  Mexican Rice  (190 Calories) | ½ Italian Sub Sandwich  (210 Calories) | Potato Crusted Cod  (210 Calories) |
| **Vegetable** | Green beans w/almonds  (80 Calories) | Cauliflower & Broccoli  (70 Calories) | Macaroni Salad  (310 Calories) | Cheesy Broccoli  (260 Calories) |
| **Potato / Rice**  **or SUB** | Baby Bakers  (120 Calories) | Scalloped Potatoes  (60 Calories) | Chips  (Calories) | Baked Potato  (161 Calories) |
| **Soup #1** | Beer Cheese  (140 Calories) | Roasted Red Pepper  (150 Calories) | \*Corn Sausage Chowder\*  (430 Calories) | Chicken Wild Rice  (120 Calories) | Butternut Squash  (230 Calories) |
| **Soup #2** | \*Pasta Fagioli\*  (210 Calories) | \*Eggroll Soup\*  (210 Calories) | \*Chicken Enchilada\*  (210 Calories) | \*Tortellini & Italian  Sausage\*  (210 Calories) | \*Beef, Cabbage & Tomato\*  (60 Calories) |
| (\*Soups with Asterisk are Homemade\*) \*Tacos are still available every Tuesday! | | | | | |
| Spring Eatery Menu Specials & Soups  **Weekly Specials 3 (Dates: Mar 17-21, Apr 14-18, May 12-16)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Crispy Pizza Chicken  (280 Calories)  Steamed Broccoli  (35 Calories)  Dinner Roll  (100 Calories) | Chicken Carnitas Bowl w/fire braised chicken, black beans  Mexican Rice  (380 Calories) | BBQ Pulled Pork Sandwich  (400 Calories) | Beef Pot Roast  (340 Calories) | Garlic Lemon Cod  (160 Calories) |
| **Vegetable** | Cranberry Almond Apple Slaw  (70 Calories) | Roasted Brussel Sprouts  (70 Calories) | Wavy Fries  (140 Calories) |
| **Potato / Rice**  **or SUB** | Chips  (Calories) | Garlic Mashed Potatoes  (110 Calories) | Cup of soup  (Calories) |
| **Soup #1** | French Onion  (80 Calories) | Broccoli Cheese  (280 Calories) | Roasted Red Pepper  (150 Calories) | Chicken Wild Rice  (120 Calories) | \*Beef, Cabbage & Tomato\*  (600 Calories) |
| **Soup #2** | \*Beef Vegetable\*  (140 Calories) | \*Bean & Ham\*  (410 Calories) | \*Corn Sausage Chowder\*  (120 Calories) | \*Egg Roll Soup\*  (210 Calories) | \*Tortellini & Italian Sausage\*  (120 Calories) |
| **Weekly Specials 4 (Dates: Mar 24-28, Apr 21-25, May 19-23)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Chicken Lo Mein  (140 Calories)  Eggroll  -or-  Cup of soup | Beef Barbacoa Bowl  (450 Calories) | Cobb Salad  (150 Calories) | French Dip w/Au Jus  (270 Calories) | Potato Crusted Cod  (210 Calories)  Cheesy Broccoli  (260 Calories)  Baked Potato  (161 Calories) |
| **Vegetable** | Cilantro Lime Rice  (50 Calories) | Garlic Bread Stick  (150 Calories) | Chips or cup of soup |
| **Potato / Rice**  **or SUB** |  |  |  |
| **Soup #1** | Chicken wild rice  (120 Calories) | Beer Cheese  (140 Calories) | French Onion  (80 Calories) | \*Corn Sausage Chowder\*  (430 Calories) | Roasted Red Pepper  (150 Calories) |
| **Soup #2** | \*Eggroll Soup\*  (210 Calories) | \*Beef Vegetable\*  (140 Calories) | \*Pasta Fagioli\*  (420 Calories) | \*Creamy Tortellini\*  (150 Calories) | \*Bean & Ham\*  (410 Calories) |